

## Personal, Social, Health Education (PSHE) Long Term Plan 2024-2025

We use aspects of the Christopher Winter Project (which is endorsed by the PSHE and diocese) woven through the PSHE curriculum to deliver parts of the RSHE objectives (yellow resources). No Outsiders texts are interwoven to teach children about the equality act, promoting equality for all Protected Characteristics. Pupils in EYFS will access PSED through their continuous provision set up.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS/Y1</b> This year only- cycle 2	<p>What makes a good friend?</p> <p><b>BV: Mutual respect</b></p>	<p>What is bullying?</p> <p><b>BV: Mutual respect</b></p>	<p>How do we recognise our feelings?</p>	<p>What helps us to stay safe?</p> <p><b>BV: The rule of Law</b></p>	<p>What helps us grow and stay healthy?</p>	<p>How can we look after each other and the world?</p> <p><b>BV: Rule of law/ Individual Liberty</b></p>
<b>Y1/2 Cycle 1</b>	<p>What is the same and different about us?</p> <p><b>BV: Mutual respect/ Respect for others of different faiths and beliefs</b></p>	<p>Who is special to us?</p> <p><b>BV: Mutual respect</b></p>	<p>What helps us stay healthy?</p>	<p>What can we do with money?</p> <p><b>BV: individual liberty</b></p>	<p>Who helps to keep us safe?</p> <p><b>BV: The rule of Law</b></p>	<p>What jobs do people do?</p> <p><b>BV: Individual liberty</b></p>
<b>Y1/2 Cycle 2</b>	<p>What makes a good friend?</p> <p><b>BV: Mutual respect</b></p>	<p>What is bullying?</p> <p><b>BV: Mutual respect</b></p>	<p>How do we recognise our feelings?</p>	<p>What helps us to stay safe?</p> <p><b>BV: The rule of Law</b></p>	<p>What helps us grow and stay healthy?</p>	<p>How can we look after each other and the world?</p> <p><b>BV: Rule of law/ Individual Liberty</b></p>

<b>Y2/3 cycle 2</b> <b>This year only</b>	<b>What makes a good friend?</b> <b>BV: Mutual respect</b>	<b>What is bullying?</b> <b>BV: Mutual respect</b>	<b>How do we recognise our feelings?</b>	<b>What helps us to stay safe?</b> <b>BV: The rule of Law</b>	<b>What helps us grow and stay healthy?</b>	<b>How can we look after each other and the world?</b> <b>BV: Rule of law/ Individual Liberty</b>
<b>Y3/4 cycle 1</b>	<b>How do we treat each other with respect?</b> <b>BV: Mutual respect</b>	<b>What keeps us safe?</b> <b>First Aid visitor</b> <b>BV: The rule of Law</b>	<b>What are families like?</b> <b>BV: Mutual respect</b>	<b>What is diversity?</b> <b>BV: Mutual Respect/ Respect for others of different faiths and beliefs</b>	<b>Why should we eat well and look after our teeth?</b>	<b>Why should we keep active and sleep well?</b>
<b>Y3/4 cycle 2</b>	<b>What strengths, skills and interests do we have?</b>	<b>How can we be a good friend?</b> <b>BV: Mutual respect</b>	<b>How can we manage our feelings?</b>	<b>What makes a community?</b> <b>BV: Mutual Respect/ Respect for others of different faiths and beliefs</b>	<b>How can our choices make a difference to others and the environment?</b> <b>BV: Individual Liberty</b>	<b>How can we manage risk in different places?</b> <b>BV: The rule of Law</b>

Y5/6 Cycle 1	<p>What makes up a person's identity?</p> <p>BV: Mutual respect/ Respect for others of different faiths and beliefs</p>	<p>What decisions can people make with money?</p> <p>BV: Individual liberty</p> <p>How can we help in an accident or emergency?</p> <p>First Aid visitor</p>	<p>What are human rights?</p> <p>BV: Democracy/Individual Liberty</p>	<p>How can friends communicate safely?</p> <p>BV: Rule of law/Mutual respect</p>	<p>How can we keep healthy as we grow?</p> <p>Y5: Puberty inc. menstruation. Maintaining personal hygiene and how/where to get help and advice about puberty. Erections and wet dreams</p> <p>Y6 only: Reproductive Organs and process- how babies are conceived and born and how they need to be cared for*</p>
Y5/6 Cycle 2	<p>How can the media influence people?</p>		<p>What jobs would we like?</p> <p>BV: individual liberty</p>	<p>How can drugs common to everyday life affect health?</p> <p>BV: Rule of Law</p>	<p>What will change s we become more independent? How do friendships change as we grow?</p> <p>BV: rule of law</p> <p>Y5: Puberty inc. menstruation. Maintaining personal hygiene and how/where to get help and advice about puberty. Erections and wet dreams</p> <p>Y6 only: Reproductive Organs and process- how babies are conceived and born and how they need to be cared for*</p>

Relationships and sex education (RSE) is an important part of PSHE education. Relationships education is compulsory for all primary school pupils. The content highlighted in blue forms the Sex Education part of the PSHE curriculum. Should parents wish to withdraw their child from these lessons, please arrange a meeting with the headteacher to discuss.

### PSHE Core Themes

Living in the Wider World

Health and Wellbeing

Relationships