

## Vision: Inspiring learning for Life

**We aim to enable our pupils to flourish through our provision.**

### **Curriculum Intent:**

- To develop articulate, resilient and empowered citizens who make a difference to others
- To provide a coherent and ambitious curriculum that leads to a greater depth of understanding for all
- To inspire pupils with purposeful and interconnected learning experiences

### **Intent**

It is our intent to ensure children understand the importance of leading a healthy lifestyle and to equip them with the tools to do so in order to make a positive impact in their own physical health and well-being. We want all children to experience a wide variety of sports and physical skills which will enhance life-long fitness and life choices.

We intend to provide an inclusive, broad and balanced PE curriculum that ensures all children will benefit, whether through enhancing existing skills, learning new skills or by being introduced to new sports or clubs. It is our intent to teach children life skills that will positively impact on their future. We aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed and achieve their personal best in all physical activities. We encourage children to make decisions, evaluate, perform and develop the personal qualities of commitment, fairness and enthusiasm.

### **Implementation**

Through our PE curriculum we encourage children to be physically active, develop and adopt healthy lifestyles. PE is a vital part of school life and ultimately children's future well-being. Our curriculum aims to improve the wellbeing and fitness of all children through the sporting skills taught, and through the underpinning values and disciplines PE promotes. Within our lessons, children are taught about self-discipline and work to improve their personal best.

### **PE for every child**

All children participate in timetabled 2 hours of weekly high quality PE and sporting activities. Our long term PE curriculum map incorporates a variety of sports to give children opportunities to take part in a range of different activities within a supportive environment where effort is recognised as well as success. All children develop fundamental skills of movement such as balance, coordination, and agility that are transferrable to all areas of PE. Units of dance in particular are linked to class topics and therefore PE is part of the wider curriculum.

We provide opportunities for all children to engage in extra-curricular activities during and after school, in addition to competitive sporting events and each child takes part in the Golden Mile at

least twice a week in order to develop stamina and increase their physical activity. During KS2 children will have a series of structured swimming sessions.

### **Assessment**

Children are encouraged to develop their personal best in all areas of PE. Teachers assess children's knowledge, understanding and skills in PE through observations of the children in their PE sessions. During sessions feedback is given by the teacher and other children when watching a performance of dance for example of how it might be improved. Each term the units of PE children have been involved in are assessed in the core skills for the unit from our progression of skills map for their year group.

Three times a year, children are assessed against the PE areas and this information is shared with the child's next teacher