



PSHE Long Term Plan



ASSOCIATION

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R/1 Cycle 1	Making Friends: playing and learning together	Mental Health and Wellbeing	Celebrating me, you and our families	Safety at home	Being Healthy	Showing kindness to ourselves and others
Year R/1 Cycle 2	Making Friends: playing and learning together	Mental Health and Wellbeing	Celebrating me, you and our families	Safety at home	Being Healthy	Showing kindness to ourselves and others
Year 2/3 Cycle 1	Mental Health and wellbeing	Keeping Safe Online	Me, My body and staying safe	Money and work	Safety outside the home	Looking back and moving on
Year 2/3 Cycle 2	Me, My friends and belonging	Mental Health and wellbeing	Building healthy Habits	Making choices online	Keeping safe out and about	Looking out for each other
Year 4/5 Cycle 1	Mental Health and wellbeing	Exploring ways to manage risk	Forming respectful relationships	Respecting boundaries	Me, My body and growing up	Families and growing together
Year 4/5 Cycle 2	Friendships, stereotyping and bullying	Mental Health and wellbeing	Positively engaging with our world	Money matters and news literacy	Safe connections online Y5: Changing and Growing Up	Embedding healthy habits and learning first aid

Year 5/6
Cycle 1

Mental Health and
wellbeing

Developing our AI
literacy

Managing money and
online spending

Drug education-
Assessing risk and
managing influences

Changes in puberty
(& Sex Education)

Looking to the future

Year 6
Cycle 2

Mental Health and
wellbeing

Developing our AI
literacy

Managing money and
online spending

Drug education-
Assessing risk and
managing influences

Changes in puberty
(& Sex Education)

Looking to the future