

WEEK 3

W/C: 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges and Salad ✓	Beef Bolognese with Wholewheat Pasta and Vegetables 🐠	Roast Gammon with Roast Potatoes, Vegetables and Gravy	Chicken and Vegetable Pie with Mashed Potato, Gravy and Vegetables	Fish Fingers with Chips, Peas and Baked Beans
	OPTION 2	Potato and Lentil Curry with Wholegrain Rice and Vegetables ✓ 🐠	Vegetarian Bolognese with Wholewheat Pasta and Vegetables ✓ 🐠 🍓	Roast Quorn with Roast Potatoes, Vegetables and Gravy ✓	West African Rice with Vegetables ✓	Quorn Dippers with Chips, Baked Beans and Peas ✓
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ✓ 🐠	Jacket Potato with Assorted Fillings	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ✓ 🐠	Jacket Potato with Assorted Fillings	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ✓ 🐠
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DESSERT		Crunchy Apple Slice 🍏	Strawberry Shortcake Mousse	Homemade Oat Cookie	Apple Crumble & Custard 🍏	Chocolate Ice Cream



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

✓ Vegetarian
✓ Vegan
🐠 Oily Fish
🌾 Wholegrain
🍏 Fruity!
🍓 Nutritionist's Choice

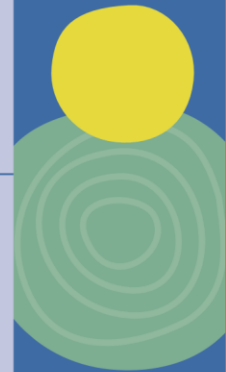
Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026

WEEK 2

W/C: 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges and Salad V	Beef Meatballs in Tomato Sauce with Wholegrain Pasta & Vegetables WF	Roast Chicken with Roast Potatoes, Vegetables and Gravy	Chicken and Sweetcorn Pasta Bake with Vegetables	Battered Pollock with Chips, Baked Beans or Peas	HOT DISHES	OPTION 1	Macaroni Cheese with Vegetables V	Pork Sausages with Mashed Potato, Gravy and Vegetables	Roast Chicken with Roast Potatoes, Vegetables and Gravy	BBQ Chicken with Rainbow Rice and Vegetables	Battered Pollock with Chips, Baked Beans or Peas
	OPTION 2	Veggie Meat Feast Pizza with Potato Wedges and Salad V	Meatless Balls in Tomato Sauce with Wholegrain Pasta & Vegetables VFV	Roast Quorn with Roast Potatoes, Vegetables and Gravy V	Macaroni Cheese with Vegetables V	Veggie Fingers with Chips, Baked Beans and Peas V		OPTION 2	Veggie Burrito with Wholegrain Rice VFV	Vegetarian Sausages with Mashed Potato, Gravy and Vegetables V	Vegetarian Shepherd's Pie with Gravy and Vegetables VF	Cheese and Tomato Pizza with Potato Wedges and Salad V	BBQ Vegetable Wrap with Chips, Baked Beans or Peas V
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta VF	Jacket Potato with Assorted Fillings	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta VF	Jacket Potato with Assorted Fillings	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta VF		OPTION 3	Jacket Potato with Assorted Fillings	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta VF	Jacket Potato with Assorted Fillings	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta VF	Jacket Potato with Salmon Mayonnaise F
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD													
DESSERT	Crunchy Chocolate Mousse	Orange Glazed Sticky Pudding with Custard F	Lemon Drizzle Cookie	Chocolate Marble Cake F	Berry Blondie	DESSERT	Chocolate Caramel Crunch	Flapjack VF	Chocolate Brownie F	Apple and Golden Syrup Sponge with Custard F	Strawberry Ice Cream		



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

V Vegetarian VF Vegan WF Oily Fish WF Wholegrain F Fruity! F Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

V Vegetarian VF Vegan WF Oily Fish WF Wholegrain F Fruity! F Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.