



Preston Candover CE Primary School

Love, Hope and Justice

Relationships & Sex Education Policy

September 2016	Review Date: September 2019
	Reviewed by:
Signed: Mrs Simrit Otway, Headteacher	
Date:	
Signed: Mrs Charlotte Whittle, Chair of Governors	
Date:	

This policy is intended to ensure that children receive appropriate and adequate Relationships and Sex Education as part of a comprehensive Personal, Social and Health Education (PSHE) programme and the National Curriculum's statutory requirements in Science.

We define RSE as 'learning about physical, moral and emotional development. It is about understanding the importance of stable and loving relationships, respect for oneself and of others, love and care.'

Our policy for RSE will enhance children's learning and personal development through:

- Knowing how their bodies change and develop as they grow into adults
- Knowing how humans reproduce
- Recognising and valuing the importance of relationships and family life
- Providing opportunities for discussions about moral and relationship issues
- Developing respect for themselves, their bodies and other people as part of a rich and diverse community
- Having the information to keep themselves safe from harm
- Recognising that sexual activity is an important part of committed, long-term and loving relationships
- Helping children to know what to do if they have worries or questions

Our policy for RSE is written within the context of our school's Christian aims and values. This policy follows guidance from the DfE (ref DfES 01 I 6/200) and the Local Authority. This policy will be reviewed following any changes to statutory requirements or general DfE guidance.

Agreed Procedure:

- RSE is taught as part of our PSHE programme and Science National Curriculum
- Parents are informed prior to planned units of work focusing on RSE and parents are informed of opportunities to view and discuss resources.
- Children learn about RSE at age-appropriate levels: Children in the EYFS learn about RSE in the context of friendships and looking after your body (e.g. washing hands).
- Children in KS1 learn about their bodies and the life cycles of humans and animals.
- Children in KS2 learn about how their bodies change through puberty into adulthood, sexual intercourse, pregnancy, childbirth and how you think differently about others as you grow up.

- Resources used are approved by the Local Authority and are deemed age appropriate.
- Parents are encouraged to be appropriately involved in developing policy, content and use and quality of resources.
- Parents currently have the right to withdraw their child from any or all parts of the RSE programme, other than those elements which are required by the National Curriculum Science Order. Parents should contact the Headteacher should they be considering withdrawing their child.
- RSE sessions are led by the children's own class teacher in a supportive environment as well as other key professionals, such as a School Nurse may support teachers in their implementation of the SRE programme.
- An overview of the Science and PSHE curriculum is available.
- All adults working with children on RSE are aware of and comply with the school's Safeguarding Policies.

We can check that this is working by:

1. Asking the children if they receive the right kind of information and support about RSE
2. Asking children at the end of KS2 if they feel that they are prepared for puberty
3. Monitoring the effectiveness of lessons and use of resources
4. Observing children in how they are able to manage friendships and relationships in school
5. Ensuring that reviewing aspects of RSE is on the agenda for the curriculum committee, at least once a year.

The Government's statutory safeguarding guidance for schools: '[Keeping children safe in education; statutory guidance for schools and colleges](#)' has been updated (May 2016) and will commence from 5 September 2016. Under 'Opportunities to teach safeguarding' (point number 68) the guidance states that:

'Governing bodies and proprietors should ensure children are taught about safeguarding, including online, through teaching and learning opportunities, as part of providing a broad and balanced curriculum. This may include covering relevant issues through personal, social, health and economic education (PSHE), tutorials (in FE colleges) and/or – for maintained schools and colleges – through sex and relationship education (SRE).'