

WEEK 2

WEEK STARTING :

November 11

December 2

January 6

January 27

February 24

March 16



Our primary school menus comply with the Government's food based and nutritional standards, meeting an average of 530 calories for each meal



MONDAY

CHOOSE FROM

Chicken grill in a bap

- ✓ Tomato pasta with garlic bread finger

VEGETABLE OF THE DAY

Served with garden peas

TO FINISH

Ice cream or fruit smoothie

TUESDAY

CHOOSE FROM

Roast beef and Yorkshire pudding

- ✓ Vegetarian sausage puff

VEGETABLE OF THE DAY

Served with roast potatoes, gravy and vegetable medley

TO FINISH

Tutti fruity sponge

WEDNESDAY

CHOOSE FROM

- ✓ Quorn burger with mashed potatoes

- ✓ Margherita pizza with potato wedges

VEGETABLE OF THE DAY

Served with baked beans or garden peas

TO FINISH

A choice of cold desserts

THURSDAY

CHOOSE FROM

- Roast chicken, roast potatoes and gravy

- ✓ Cauliflower cheese with tomato bread

VEGETABLE OF THE DAY

Served with carrots and broccoli

TO FINISH

Fruity flapjack

FRIDAY

CHOOSE FROM

Baked battered fish, chips and tomato sauce

- ✓ Sweet potato and lentil curry with brown and white rice and Naan style bread

VEGETABLE OF THE DAY

Served with garden peas or sweetcorn

TO FINISH

Chocolate brownie