

WEEK 1

WEEK STARTING :

November 4
November 25
December 16
January 20
February 10
March 9
March 30



MONDAY

CHOOSE FROM

- BBQ chicken in a wrap with brown and white rice
- ✓ Macaroni cheese with garlic bread finger

VEGETABLE OF THE DAY

Served with green beans or sweetcorn

TO FINISH

Lemon crunch biscuit

TUESDAY

CHOOSE FROM

Pork grill

- ✓ Vegetable goujons

VEGETABLE OF THE DAY

Served with roast potatoes, cauliflower, green beans, carrots and gravy

TO FINISH

Apple and blackberry muffin

WEDNESDAY

CHOOSE FROM

Beef Bolognaise with pasta and garlic bread finger

- ✓ Margherita pizza with potato wedges

VEGETABLE OF THE DAY

Served with garden peas

TO FINISH

Mini biscuit and fresh fruit wedge

THURSDAY

CHOOSE FROM

- Roast chicken

- ✓ Vegetarian sausages

VEGETABLE OF THE DAY

Served with roast potatoes, seasonal swede and carrot and gravy

TO FINISH

A choice of cold desserts

FRIDAY

CHOOSE FROM

Baked fish fingers with tomato sauce

- ✓ Curried vegetable puff

VEGETABLE OF THE DAY

Served with chips, baked beans or garden peas

TO FINISH

Cheddar cheese and crackers